



Key Stage 4 Curriculum Information

Sport: Subject Overview

Qualification	Level 2 Sport Studies
Exam Board	OCR
Course Leader	Mr B Howarth: ben.howarth@bulwellacademy.org.uk
Course summary	
<p>The Sports Studies course at The Bulwell Academy is a level 1/2 qualification which is graded from Level 2 Distinction*- Level 1 Pass. It is a direct equivalent to GCSE PE and BTEC Level 2 Sport.</p> <p>One unit of the qualification is externally assessed in the form of a 60-minute terminal written exam. There are also two written coursework units.</p> <p>The course also requires students to perform practically as part of the assessment in one of the units.</p> <p>Further to the development of sporting knowledge and skills, this course gives learners the opportunity to develop and apply skills in English and Mathematics in naturally occurring, work-related contexts.</p> <p>OCR Level 1/2 Sport Studies enables learners to acquire theoretical knowledge and technical skills through vocational contexts by exploring areas such as: Contemporary Issues; Leadership and performance; and Sport in the Media.</p> <p>The qualification recognises the value of developing skills, knowledge and vocational attributes in order to build the foundation knowledge to be able to then access further education in sport at Level 3 and beyond.</p> <p>The qualification will broaden learners' experience and understanding of the varied progression options available to them.</p> <p>Throughout the three units, students will develop transferable skills such as research and analytical skills along with transferable skills such as communication, planning and organisation.</p>	
What will students learn?	
<p>Year 10: R186 Sport and the Media</p> <p>Students will start the course by focusing on the R186 Sport in the Media unit. The media impacts upon all aspects of society today and consists of many strands, such as television, radio, the internet, newspapers, books and magazines. Sport uses the media to promote itself and in turn the media uses sport to expand and maintain uptake of its products.</p> <p>This unit will require learners to look at the differences in sports coverage across a range of media outlets; the impacts the media has on sport and how this has changed over the years and the effect on public interest and involvement in sport that the media has had.</p> <p>By completing this unit, learners will develop their knowledge and understanding of the relationship between sport and the media as well as their ability to evaluate and interpret the different ways in which sports items may be represented by the media.</p> <p>The skills developed would be relevant in a range of careers and roles within the sports industry, such as sports reporting/broadcasting, sports analysis or research and Public Relations or media work within a sports organisation.</p> <p>By completing this unit, students will develop their skills, techniques and use of tactics/strategies/compositional ideas in both an individual and a team sporting activity, as well as their understanding of the rules to allow them to act in a number of officiating roles within an activity.</p> <p>Students will also consider the use of different practice methods in order to improve their performance.</p> <p>The unit builds upon the core themes of the National Curriculum for Physical Education in Key Stages 3 and 4 and offers students the opportunity to refine and showcase skills developed as part of that programme of study.</p>	
What will students learn?	



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Year 10/Year 11: R185 Performance and Leadership in Sports Activities

Students will then move on to completing R185 Performance and Leadership in Sports Activities unit.

Whether voluntary or professional, the role of the sport leader is imperative in any sport; adopting the role of coach, manager, teacher or team captain, sport leaders can shape the development of sport by influencing and inspiring those around them to participate and perform in sporting activities.

By completing this unit, students will develop some of the knowledge, understanding and practical skills required to be an effective sport leader and plan, deliver and review safe and effective sporting activity sessions themselves.

Students will be encouraged to consider and evaluate their delivery and by doing so develop their ability to communicate with an audience verbally and through practical demonstration and adapt to developing situations and the different needs and abilities of those they are leading.

As part of this unit students will also be assessed practically.

While becoming an elite sports performer is a dream which not everyone is able to realise, many of those who are involved in sport and the sports and leisure industries in different roles (e.g. Physical Education teachers, sports officials, roles within national governing bodies, sports facility management) enter into these roles because they developed an interest in sport and physical activity through performing.

Participation in sport and physical activity provides young people with a range of transferable skills. They can learn to work both independently and as part of a team; to communicate with team mates, or to an audience through performance; to perform under pressure; to use initiative to solve problems and make decisions considering rapidly changing conditions around them.

Year 11: R184 Contemporary Issues in Sport

Students will then move on to the R184 unit - Contemporary Issues in Sport.

Students will explore a range of topical and contemporary issues in sport, relating to participation levels and barriers, the promotion of values and ethical behaviour through sport and the role of high-profile sporting events and national governing bodies in advancing sports' attempts to positively impact upon society and showcase their worth beyond providing entertainment.

This exam is sat at the end of year 11 in the form of a 60 minute written exam.

How will students be assessed?

R184 'Contemporary Issues in Sport'

Written examination - 60 minutes

Externally assessed by OCR

R185 – 'Performance and Leadership in Sports Activities'

Internally assessed and externally moderated

R186 – 'Sport in the Media'

Internally assessed and externally moderated

PE & SPORTS LEAD:

ben.howarth@bulwellacademy.org.uk



Year 10 Sport Curriculum

Term	Autumn 1 & 2	Spring 1 & 2	Summer 1	Summer 2
Topic	R053 – Sports Leadership	R051 – Contemporary Issues in Sport		R053 – Sports Leadership
Knowledge Covered	<ul style="list-style-type: none"> • LO1 Attributes of effective sports leadership <ul style="list-style-type: none"> - Leadership roles - Role-related responsibilities - Personal Qualities - Leadership Styles • LO2 Planning a session <ul style="list-style-type: none"> - Key considerations - Safety considerations 	<ul style="list-style-type: none"> • LO1 Issues Affecting Participation <ul style="list-style-type: none"> - User groups - Barriers to participation - Solutions to barriers • LO2 The Role of Sport in Promoting Values <ul style="list-style-type: none"> - Values in sport - Olympic and Paralympic Movement - Sporting etiquette and behaviour - Performance enhancing drugs • LO3 Hosting Major Sporting Events <ul style="list-style-type: none"> - Features of an event - Benefits and drawbacks of hosting an event - Links between benefits, drawbacks and legacy • LO4 The Role of National Governing Bodies in Sport <ul style="list-style-type: none"> - The role of NGB - Promotion - Development - Infrastructure - Policies and Initiatives - Funding - Support 		<ul style="list-style-type: none"> • LO3 Delivering a session <ul style="list-style-type: none"> - Safe practice - Delivery style - Communication skills - Motivation techniques - Activity specific knowledge - Adaptability • LO4 Session Evaluation <ul style="list-style-type: none"> - What went well? - What did not go well - What could be improved in future?
Online Resources	<ul style="list-style-type: none"> • OCR Online • Governing body websites 	<ul style="list-style-type: none"> • OCR Online 		<ul style="list-style-type: none"> • OCR Online • Governing body websites



Year 11 Sport Curriculum

Term	Autumn 1 & 2	Spring 1/ 2 & Summer 1
Topic	R052 – Developing Sports Skills	R054 – Sport and the Media
Knowledge Covered	<ul style="list-style-type: none"> • LO1 Performance as an individual in a Sporting activity <ul style="list-style-type: none"> - Performance of skills and techniques - Creativity - Use of tactics - Decision making - Managing and maintaining own performance • LO2 Performance as part of a team in a Sporting activity <ul style="list-style-type: none"> - Performance of skills and techniques - Creativity - Use of tactics - Decision making - Awareness of role within a team • LO3 Officiating in a sporting activity <ul style="list-style-type: none"> - Application of rules and regulations - Consistency - Accuracy - Use of signals - Communicating decisions - Positioning • LO4 Application of practice methods <ul style="list-style-type: none"> - Identifying areas to improve - Types of skills - Types of practice - Methods to improve performance - Measuring improvement in performance 	<ul style="list-style-type: none"> • LO1 How sport is covered across the media (television, written press, radio, internet) • LO2 Positive effects of media on sport <ul style="list-style-type: none"> - Increased exposure of minority sports - Increased promotional opportunities - Education - Increased income - Inspiring people to participate - Competition between sports and clubs • LO3 Negative effects of media on sport <ul style="list-style-type: none"> - Decline in spectatorship - Loss of sporting values - Inappropriate sporting behaviour - Increased pressure on officials - Saturation • LO4 Relationship between sport and exercise <ul style="list-style-type: none"> - Media – sport and promotion - Sport as a commodity - Sponsorship and advertising - Sporting heroes - Scrutiny and criticism - Impact of PPV • LO5 Evaluation of Media Coverage <ul style="list-style-type: none"> - Aspects influencing coverage - Variety in Coverage
Online Resources	<ul style="list-style-type: none"> • OCR Online • Governing body websites • YouTube Coaching Tutorials 	<ul style="list-style-type: none"> • OCR Online