



# Key Stage 4 Curriculum Information

## Health & Social Care: Subject Overview

<b>Qualification</b>	<b>BTEC Health and Social Care</b>
<b>Exam Board</b>	Pearson
<b>Course Leader</b>	Miss N Cooper: <a href="mailto:tash.cooper@bulwellacademy.org.uk">tash.cooper@bulwellacademy.org.uk</a>
<b>Course summary</b>	BTEC tech award in Health & Social Care allows you to develop an understanding of how humans grow and develop and how the different providers of health, social care and early years work to support this. During the course you will develop research and independent learning skills, crucial for any future study or career pathways in this and other sectors. You may want to study this course if you are interested in a 'caring' career in the future – such as working in Healthcare, Education, Social care or Childcare. Sometimes students who have been involved in caring for a relative in some way find they are particularly suited to the course.
<b>What will students learn?</b>	BTEC tech Award in Health & Social will involve you studying three component parts: In component 1 students will study human development across the life-course, considering the impact of lifestyle and genetic factors. In component 2 students explore the important work of local Health and Social care services and the skills needed to work within them. In component 3 students will consider factors that affect health and well-being; learn how to interpret physical and lifestyle data and devise & critique health improvement plans.
<b>How will students be assessed?</b>	BTEC Tech Award in Health & Social Care is a levels 1 & 2 qualification. Level 2 Pass, Merit, Distinction and Distinction* are the vocational equivalent to GCSE. Students who do not meet the criteria for level 2 can be awarded level 1 pass, merit or distinction. Components 1 and 2 are assessed via several coursework tasks which are carried out across the three years of study and assessed internally. Component 3 assessment is a written paper taken under exam conditions which focusses on a case study. Currently students take this exam in the spring of year 11, and it is marked externally by BTEC. <ul style="list-style-type: none"> <li>• Component 1 – Human lifespan and development – Coursework</li> <li>• Component 2 – Health and social care services and values</li> <li>• Coursework Component 3 – Health and wellbeing – assessed under examination conditions</li> </ul>
<b>What skills will I need?</b>	BTEC tech award in Health & Social Care would be a good foundation for; studying a variety of courses including A-Levels or equivalent in Health and Social Care, Psychology, Sociology, Biology or BTEC in Children's Care Learning and Development. It could also lead to a wider variety of apprenticeships or vocational courses at college. Many careers such as Social Work, Caring for Young Children, the Elderly or those with Specific Needs as well as Early Years Teaching, the Police, Health Care Assistants and many medical professions would benefit from studying. Health and Social Care. There is a huge range of different careers available in Health and Social Care. This website allows you to explore some different NHS careers: <a href="https://www.healthcareers.nhs.uk/explore-roles">https://www.healthcareers.nhs.uk/explore-roles</a>

**VOCATIONAL LEAD:**

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## Year 10 Health & Social Care Curriculum

	Autumn 1	Autumn 2 & Spring 1	Spring 2	Summer 1	Summer 2
Topic	Understanding human growth and development across life stages and the factors that effect it	Investigate how individuals deal with life events	Understand the different types of Health and Social Care and barriers to accessing them	Demonstrate care values and review own practice Review own performance	
Knowledge Covered	Understanding the Key aspects of 4 areas of development and the differentiation of the 6 life stages.	Understanding of the different Physical, Social and Cultural and Economic factors that affect a person's growth and development.	Gaining a knowledge of Primary, Secondary and Tertiary Health Services and an understanding of Allied Health Professionals and Social Care Services.	Consider and demonstrate how the different Care Values can be applied in a situation: <ul style="list-style-type: none"> <li>• Empowerment</li> <li>• Promoting independence</li> <li>• Promoting Dignity</li> <li>• Maintaining Confidentiality</li> <li>• Safeguarding</li> <li>• Taking an anti-discriminatory approach</li> </ul> Evaluate own performance	
	Life stages: <ul style="list-style-type: none"> <li>• Infancy (0-2)</li> <li>• Childhood (3-8)</li> <li>• Adolescence (9-18)</li> <li>• Early adulthood (19-45)</li> <li>• Middle Adulthood (46-65)</li> <li>• Later adulthood (65+)</li> </ul>	Expected life events: <ul style="list-style-type: none"> <li>• Giving birth and parenthood</li> <li>• Job</li> <li>• School</li> <li>• Relationships</li> </ul>			
	Development (PIES): <ul style="list-style-type: none"> <li>• Physical</li> <li>• Intellectual</li> <li>• Emotional</li> <li>• Social</li> </ul>	Examples of unexpected life events: <ul style="list-style-type: none"> <li>• Illness</li> <li>• Accidents</li> <li>• Divorce</li> <li>• Bereavement</li> <li>• Redundancy</li> </ul> Sources of support: <ul style="list-style-type: none"> <li>• Formal</li> <li>• Informal</li> </ul>	Students will need to look at a range of different Health care and Social care services and consider how each one will support the needs of individual service users.		
Online Resources	<ul style="list-style-type: none"> <li>• Pearson Active Learn Text Book and worksheets</li> <li>• Seneca</li> </ul>		<ul style="list-style-type: none"> <li>• You are What you Eat - To comprehend the physical impact of a healthy and unhealthy diet – all components</li> <li>• Seneca</li> </ul>		

# Key Stage 4 Curriculum Information



## Year 11 Health & Social Care Curriculum

	Autumn 1	Autumn 2	Spring 1	Spring 2 & Summer 1	Summer 2
Topic	<b>Factors that affect Health and Wellbeing</b>	<b>Interpreting Health Indicators</b>	<b>Person Centred Health and Wellbeing Improvement Plan</b>	<b>Focus on exam technique and exam practice across the terms and addressing gaps from Assessment 1</b>	<b>Exam</b>
Knowledge Covered	<ul style="list-style-type: none"> <li>Genetic Inheritance</li> <li>Diet and Exercise</li> <li>Recreational Drugs</li> <li>Personal hygiene</li> <li>Relationships</li> <li>Religion</li> <li>Economic situation</li> <li>Employment</li> <li>Housing conditions</li> </ul>	<p>Understanding Physiological and Lifestyle Indicators:</p> <ul style="list-style-type: none"> <li>blood pressure</li> <li>peak flow and BMI measurements</li> <li>interpreting information regarding smoking, alcohol consumption and lifestyle choices.</li> </ul> <p>Person-centred care:</p> <ul style="list-style-type: none"> <li>personalised support based on an individual's needs and preferences.</li> </ul>	<p>Make use of SMART Targets:</p> <ul style="list-style-type: none"> <li>Specific</li> <li>Measurable</li> <li>Achievable</li> <li>Realistic</li> <li>Time</li> </ul> <p>Long term targets:</p> <ul style="list-style-type: none"> <li>6 months plus - something that can be achieved over a year or so</li> </ul> <p>Short-term targets:</p> <ul style="list-style-type: none"> <li>something that an individual can work towards within 6 months</li> </ul>	<ul style="list-style-type: none"> <li>Address gaps from exam sitting 1.</li> <li>Focus on exam technique and exam practice.</li> </ul>	Final exam
Online Resources	<ul style="list-style-type: none"> <li>Seneca</li> <li>BBC Bitesize</li> <li>YouTube Videos:                             <ul style="list-style-type: none"> <li>Ross Kemp: Living with Dementia - to be appreciate the holistic impact on individual's health and wellbeing during later adulthood</li> <li>Professor Green: Living in Poverty – to develop understanding of economic factors</li> <li>Poor House Rich House – to appreciate the impact of housing, support and relationships</li> </ul> </li> </ul>				