











- ✓ Shirt with a collar, worn with a tie
- ✓ Turtle neck
- ✓ Blazer (optional)
- ✓ Smart trousers
- ✓ Smart jumper / cardigan (optional)
- ✓ Official PMG training wear (when appropriate)
- Minimal jewellery / discreet earrings
- X No hoodies or hats
- X No joggers or jeans
- X No shorts
- X No t-shirts
- X No denim
- X No extreme hair colours
- X No visible body or facial piercings (except discreet earrings)













- Blouses or smart tops
- ✓ Blazers (optional) or cardigan/smart jumper
- ✓ Smart trousers
- ✓ Smart dresses/skirts
- Discreet makeup
- ✓ Minimal jewellery
- X No hoodies or hats
- X No leggings, joggers or jeans
- X No shorts or mini-skirts
- X No crop tops
- X No strappy tops(unless with cardigan or blazer)
- X No extreme hair colours
- X No visible body or facial piercings (except discreet earrings)

- ✓ Smart
- Formal
- ✓ Safe

- X No trainers
- X No flip flops
- X No sliders





















