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**THE BULWELL
ACADEMY**
*Creative
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10 September 2020

Dear parent/carer

Relationships and Sex Education (RSE) at The Bulwell Academy

As you may be aware, Relationships and Sex Education (RSE) are now part of the National Curriculum and are compulsory for all children in all schools. At The Bulwell Academy students will be taught RSE in their weekly Ethics lessons, along with Careers, Life Skills, Citizenship and Religious Education.

Modern relationships are more complex than ever before, and young people face a whole range of new pressures and decisions. In an increasingly expanding digital world where relationships are conducted both online and in person, it is crucial that we teach students the skills to handle these situations as maturely and confidently as possible as they move into adulthood.

RSE is an extremely important part of young people's transition into adulthood and we appreciate that some students will be sensitive to some of the issues raised. Overleaf is a summary of the topics that will be covered by each year group; all material is age appropriate and may be taught in different ways in different year groups. The curriculum is available in more detail on the school website. Links to government guidance on RSE and websites that might help you to support your children are also available on the Academy website. These sites are also listed over.

If you have any questions about what might be covered or would like any further details about RSE, please contact alice.wealleans@bulwellacademy.org.uk or katie.broomfield@bulwellacademy.org.uk

Yours sincerely

A handwritten signature in black ink, appearing to read 'Alice Wealleans'.

A handwritten signature in black ink, appearing to read 'K. Broomfield'.

A Wealleans, PSHE Co-ordinator
K Broomfield, Vice Principal for The Ambition Curriculum



Statutory RSE topics:

Year 7	Year 8	Year 9	Year 10	Year 11
<ul style="list-style-type: none"> • Types of relationship • Communication skills • Emotions • Consent • Bullying • Prejudice • Personal hygiene • Female Genital Mutilation • Puberty • Intimacy • The impact of sharing images 	<ul style="list-style-type: none"> • Healthy and unhealthy relationships • Expectations in relationships • Identifying risk • Factors that affect relationships • Sharing inappropriate images • Pleasure in relationships • Contraception • Abusive relationships • Challenge discrimination • Peer pressure 	<ul style="list-style-type: none"> • Marriage and stable relationships • The impact of pornography • Different kinds of relationship • Managing conflict • Managing breakups and change • Pleasure in relationships • Abuse in relationships • Issues surrounding gangs and weapons • Body image 	<ul style="list-style-type: none"> • Positive relationships • Pleasure in relationships • Unhealthy relationships • Sexual attraction • The impact of pornography • Managing emotions • Options in pregnancy • Parenting • Abortion • ‘Honour’-based violence • Prejudice • Peer pressure 	<ul style="list-style-type: none"> • Culture and relationships • Managing change • Managing emotions • Risks associated with online relationships • Dealing with unwanted attention • Consent • The impact of drugs and alcohol on relationships • The impact of image sharing • Abusive relationships

Government policy:

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/908013/Relationships Education Relationships and Sex Education RSE and Health Education.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/908013/Relationships_Education_Relationships_and_Sex_Education_RSE_and_Health_Education.pdf)

Useful websites:

<https://www.stonewall.org.uk/>

<https://www.brook.org.uk/>

<https://www.bigtalkeducation.co.uk/parents/>

<https://www.themix.org.uk/>