

Learning expectations for Ethics

Year 7

R1. There are lots of different types of relationships, including those within families, friendships as well as intimate or romantic relationships. They are all different!
R2. It is important to know what a positive and healthy relationship is like, both in real life and online.
R5. You should recognise that there are different kinds of sexual attraction.
R7. The media does not always show relationships in an accurate way, which affects the way you think about relationships.
R9. You need to know and develop your personal values about friendship, love and sexual relationships.
R10. It is important to trust people in a relationship, and that trust can be broken down in a number of ways.
R12. You do not have to have sex in a relationship, and you can be intimate without sex.
R15. Team working skills are important and can be developed.
R16. Active listening, clear communication, negotiation and compromise are important skills that can be developed.
R18. Relationships can cause strong feelings, and it is important to learn to manage those feelings.
R24. Consent must be given freely without manipulation or force. It is important to know how to seek help where this is an issue.
R25. The law is very clear in relation to sexual consent.
R26. You need to know how to get give consent, as well as to refuse it or withdraw it.
R27. The person looking for consent is responsible for ensuring that they get it and that it has not been withdrawn.
R28. It is important to know whether you (and others) are ready for sexual intimacy.
R29. It is important to understand the impact of sharing sexual images of others without their consent.
R38. You should all recognise all kinds of bullying and its impacts, as well as how to deal with it.
R39. When you have views about certain groups of people, it can have an impact on your behaviour.
R40. Prejudice is unacceptable in all of its forms, whether in real life or online.

L1. You can develop your study, organisational, research and presentation skills.
L5. Jobs require certain skills and you need to be aware of them.
L6. You can and should learn for your whole life.
L12. There are lots of different careers, and different ways to get to them. It's important to have a dream about the career you would like.
L15. Young people make financial decisions, and it is important to know when they might be risky.
L16. Not everyone has the same attitude to money (including borrowing it).
L17. You may have a range of emotions where money is concerned, and you need to be able to manage them – good or bad.
L18. You need to be able to make the right choices about how to spend your money, and be aware that people and adverts may try and influence what you do.
L19. There are various ways people can get hold of your money, and sometimes this can be dangerous. (e.g. drugs or online scams).
L23. It is important to know that there are lots of different views around, and you need to be able to use evidence to work out which views to accept.
L26. There are lots of views about everything – sometimes extreme views can change your attitudes and behaviour. You need to be able to spot these views.

H1. We are all different! You need to know what makes you amazing, to be healthy and happy, and to be proud of who you are.
H2. There are lots of things that can make our lives more difficult (e.g. relationships, jobs etc) and you need to be able to bounce back when things go wrong.
H6. You need to understand how you feel about things, and have the skills to express your feelings.
H13. It is important to maintain a balance between school, work, leisure, exercise, and online activities.

H14. Physical activity and exercise are really important for physical and mental health and wellbeing.
H15. Proper sleep can have a massive impact on your physical and mental health. You need to make sure you know how to get it!
H16. You should be able to make sensible choices about physical activity.
H20. You need to know how to make sure that you have good personal hygiene, and look after our teeth.
H21. You should know where to go for support with your help when you need it.
H22. You should be able to recognise the signs of Female Genital Mutilation, and understand why it is illegal and dangerous, as well as how to deal with it if you discover it.
H30. You should understand when you are at risk, and how to manage that risk, both in real life and online.
H31. You should be aware of risks to your health, safety and wellbeing, and know how to manage those risks.
H33. You should know how to get help in an emergency, including first aid, CPR and defibrillators.
H34. Puberty leads to physical and mental changes (including menstruation), and it's important to be ready for them when they happen.

E1. You should understand the different religious perspectives on family life.
E2. You should understand different religious perspectives on marriage.
E3. You should understand how financial decisions can be ethical or unethical.
E4. You should know what British Values are (in particular mutual respect and tolerance for others).

Year 8

R2. You need to be aware of what makes a positive, healthy relationship, and an unhealthy one, both online and in real life.
R3. There are similarities and differences between people of different race, culture, ability, sex, gender identity, age and sexual orientation.
R4. There are differences between biological sex, gender identity and sexual orientation.
R11. You should be able to make sensible decisions about what you expect from men and women, and what to expect within romantic relationships.
R17. There are strategies to identify and reduce risk from people online that you do not already know. You should know when and how to access help when you need it.
R20. You need to understand and be able to manage the influence of drugs and alcohol on decision-making within relationships and in social situations.
R23. There are several services available to support healthy relationships and manage unhealthy ones. You need to know how to access that support.
R29. Sharing sexual images of other people has a massive impact on people.
R30. When you are pressured into sharing images, you should be able to manage it and get support if you need it.
R31. Intimate relationships should be pleasurable.
R32. When using contraception, sometimes you need to be able to negotiate in order to make a sensible decision.
R37. You need to be able to identify abusive behaviours in a relationship, and gain support when you need it. (including grooming, sexual harassment, sexual and emotional abuse, violence and exploitation)
R41. You should include all people and challenge discrimination safely where you find it.
R42. Peers have a significant influence on you, and you should be able to manage that both in real life and online.
R43. You peers can support you to resist some of the negative influences around you.
R44. Peer approval is important, but it can have an impact on the way you behave.

H3. The media and social media has a huge impact on what we think about ourselves and how we behave. This includes body image, and physical and mental health.
H4. There are simple strategies to help build resilience to negative opinions, judgements and comments.
H5. You should be able to recognise and manage the things that influence your health and wellbeing.

H8. We should always challenge misconceptions about mental health. This means accepting it in the same way as you accept physical health, seeking help when you need it.
H9. We should develop different ways to manage difficult situations so that we can bounce back from them.
H11. Sometimes we do not cope with difficult situations in a healthy way. It is important to seek help if this happens, and support others who may need it.
H12. You should recognise when your mental health declines, and be able to seek help when you need it.
H23. There are positive and negative ways of using drugs. Prescription drugs (including antibiotics) should be used responsibly.
H24. There is lots of information about drugs, alcohol and tobacco which is not true. Not everyone has the same values about these things.
H25. There are lots of ways to manage the things (and people) that might encourage you to use drugs, alcohol and tobacco.
H27. There are lots of risks associated with drug use. It also has a range of consequences for drug users and those around them.
H28. You should know the law relating to the supply, use and misuse of legal and illegal substances.
H29. Dependence and addiction can have a significant impact on our lives, and it is important to know how to deal with it.
H32. There are risks associated with gambling, and you should be able to manage those risks, and the people or things that might encourage you to take them.
H35. There are different forms of contraception, which suit different people in different ways. You should know how and where to access contraception.

L10. Sometimes culture and family might get in the way of your dreams. You should be able to challenge this if it happens, so that you can follow your dreams.
L11. There are different types and patterns of work, including employment, self-employment and voluntary work. We all have a different route to our future jobs.
L20. The internet can amplify risks and opportunities. Information can be shared quickly, we feel we are anonymous when we are not, and 'public' and 'private' are blurred.
L21. We should be able to identify which parts of our lives should be private, and know how to manage our own privacy.
L22. Social media can be both good and bad. In particular, it can expose us to a huge variety of different views.
L25. You need to learn the skills to make informed decisions about how to use social media, and how to deal with inappropriate situations that might arise.
L27. You should be able to respond appropriately when things go wrong online, including confidently accessing support and reporting bad behaviour when it happens.

E5. Religion is still significant in modern society.
E6. You should understand the main beliefs of the world's major religions.
E7. You should know what the PREVENT strategy is and how it tackles radicalisation.
E8. There are several different ways of resolving conflict.
E9. We all have a range of human rights. You should know what they are, and have the skills to recognise when those rights are taken away.
E10. You should know what British values are (in particular the rule of law).
E11. There are refugees and asylum seekers in the world and in the UK. You should understand who they are, and some of the challenges that they face.
E12. You should understand the law in relation to young people.
E13. You should understand how the criminal justice system works, in particular how it works for young people.
E14. You should understand how the prison system works, and some of the other ways in which we can deal with criminal behaviour.
E15. County Lines pose a risk to young people. You should understand how to recognise the signs that someone (you or someone else) may be becoming involved in County Lines.

Year 9

R4. Stable and committed relationships are important. Legal recognition of a relationship can help with this in many ways.
R6. Marriage is a legal, social and emotional commitment that should be entered into freely, and never forced upon someone.
R8. The media (particularly pornography) does not always provide an accurate picture of sexual relationships. This can affect your expectations in a relationship.
R13. You should know how to start, maintain and manage relationships Safely, both online and in real life.
R14. There are lots of different kinds of positive relationship, and it is important to recognise what they are like. There are different kinds of relationships – in real life and online.
R19. There are lots of different ways to manage conflict in a relationship and it is important to deal with (and recover from) arguments in the right way.
R20. Drugs and alcohol can change the way we behave in relationships and in society. It is important to be aware of this, and have the skills to manage it.
R21. Learning how to deal with a breakup is an important skill. There will be a digital footprint of most relationships, and relationships are also linked to friendship groups.
R22. In your life, there will be lots of change. That may include bereavement, family break up and friendship loss. Managing your emotions during change can be hard.
R23. There are support services to help you if your relationships are not going well, and you should know how to access them.
R31. Intimate relationships should be a pleasure for everyone concerned!
R33. Unprotected sex can lead to Sexually Transmitted Infections (STIs) and unplanned pregnancy.
R34. If someone becomes pregnant unexpectedly, they have a range of difficult decisions to make. You should know what support there is to help you make these decisions.
R35. Within the family, parents, carers and children are all important. You should be aware of what their different roles and responsibilities are.
R36. Stable and long term relationships are important, and are important in bringing up children.
R37. You should be able to recognise and respond to different kinds of abuse in a relationship. This includes grooming, sexual harassment, sexual and emotional abuse, violence and exploitation.
R45. Young people join gangs for several reasons, and this can have a massive impact on them and the people around them.
R46. There can be a lot of pressure to join a gang, and you should know how to resist that pressure when necessary, and gain the support you need.
R47. People carry weapons for a lot of reasons, and you should be able to avoid the pressure to do so. Carrying a weapon has serious consequences.

H2. Self confidence and self esteem can be affected by lots of different things, and we need to be able to manage this.
H3. The media often portray an 'ideal' body. This can affect the way you feel about yourself, and you should be able to manage your feelings about this.
H13. You should know how to access the best sources of support for your mental and physical health.
H17. A balanced diet is an important part of a healthy lifestyle. You should know what a balanced diet is, and what might happen if you don't have one.
H18. There are lots of different things that have an influence on the kind of diet you have, and you should be able to manage those different influences.
H19. You are becoming more responsible for your own health. That means looking after your teeth, staying safe in the sun and being aware of how to spot body changes that might be worrying. You should also understand the importance of vaccinations.
H24. You should have a better understanding of emergency first aid and CPR (including defibrillators).
H25. There are different ways to manage the temptation to try drugs, alcohol and tobacco.
H26. There are different types of intimacy (both real and virtual). They have a range of consequences, both positive and negative.

H27. There are many risks associated with substance use and misuse, and you should be aware of what those risks are.
H29. There are many barriers (and myths) to accessing sexual health services. You should be able to recognise and overcome these barriers.
H36. There are many infections that can be spread by sexual activity. You should be able to recognise, manage and prevent these Sexually Transmitted Infections (STIs).

L2. You should know what your strengths, interests, skills, qualities and values are, and how you can develop them.
L3. You should have high expectations for yourself, and be able to set realistic targets and goals.
L4. Employers value certain skills and attributes. You should know what they are, and how you can develop them.
L8. There are many different routes into work, both vocational and academic.
L9. You should be prepared to accept new opportunities, even when they are out of your comfort zone or unexpected. It is important to be ambitious!
L13. You should know your rights and responsibilities as a young person in employment.
L14. Employment can involve a range of emotions. You should be able to manage your emotions, both good and bad.
L24. People present themselves in particular ways online. This can have an impact on them, and on your relationship with them.

E16. You should know what British Values are (particularly individual liberty)
E17. You should be aware of what freedom of speech is, and why it is important, as well as what happens when it is denied.
E18. You should be aware of different religious perspectives on abortion.
E19. You should be aware of different religious perspectives on animal testing.
E20. You should know what British Values are (particularly democracy, including reference to dictatorship)
E21. You should understand some of the different ways that a government might be elected.
E22. You should know what political parties are, and the main features of political parties in the UK.
E23. You should know what trade unions are, and why they are important.
E24. You should know what cults are, and why they are potentially dangerous.

Year 10

R1. You should know what a strong, positive relationship is like. In particular you should be able to recognise trust, mutual respect, support and equality.
R2. Pleasure is important in relationships. You should understand what an orgasm is, and why they matter.
R3. You should be able to recognise when a relationship is unhealthy, and how to seek help when it is needed.
R5. The Equality Act 2010 provides us with legal rights, protections and responsibilities.
R6. There are lots of different kinds of sexual attractions, and your sexuality may well change as you get older. You should know what support is available to you if you need it.
R7. There are many ways to access good advice and support with relationships. Sometimes you may also need to help others to access this support.
R8. The media does not always portray sex accurately. Pornography in particular can have an impact on our expectations and behaviour in sexual relationships.
R11. You may experience a range of strong emotions during relationships. You should develop the skills to manage those feelings.
R21. You should be able to make a mature decision about whether you are ready for sexual activity (online and in real life), both individually and as part of a couple.
R24/H33. There are options available to a person who is pregnant. It has both physical and emotional consequences, and you should know how to access support if you need it.
R25. Good parenting skills are important. Being a parent at a young age has many implications, and you should know how to access support if you need it.

R27. You should know the legal position on abortion, and be aware of the various beliefs and opinions surrounding it.
R33. You know what 'honour'-based violence and forced marriage are, and what implications (legal and social) they might have. You should know how to access support if you need it.
R34. There are a range of strategies to challenge all forms of prejudice and discrimination.
R35. You should understand how your behaviour might impact on others (both good and bad) online and in real life. This is particularly important in relation to weapons and gangs.
R36. You should develop the skills to be a positive role model for younger students.
R37. You should be able to recognise when someone is having a negative impact on you, or you are at risk. This is particularly important in relation to gangs. You should know how to access support if you need it.
R38. Young people become involved in serious organised crime (including cybercrime) for a range of reasons.

H5. You should know what good mental and emotional health are like, and be able to understand how life can have an impact on the mental health of other people.
H6. Change can have an impact on your mental health and wellbeing. You should know how to access support in times of change if you need it.
H7. There are lots of different ways to maintain good mental health. It is important to avoid negative thinking, and manage your mental health if it starts to decline.
H8. You should be able to recognise the signs of poor mental health (including stress, anxiety and depression), what might trigger them and what help or treatment is available.
H9. You should recognise poor coping strategies, and how they might lead to increased risk of harm.
H10. You should understand when you or others might need support with mental health. That means you need to understand how to support others, and the impact of doing so.
H12. You should understand there are healthy and unhealthy ways to spend time online.
H18. Advertising can have a harmful impact on our health. You should be able to recognise and respond appropriately to this.
H23. There may be times when you are at immediate risk, both online and in real life. You should be able to spot these situations, and have the skills to manage them and their impact (particularly relating to drugs and alcohol, violent crime and gangs).
H25. You should recognise the risks and harms associated with gambling, particularly the 'gambler's fallacy'. You should know how to access support if you need it.
H30. You should know what a healthy pregnancy is, and how lifestyle can affect a developing foetus.
H32. Miscarriage is possible following pregnancy. You should know what support is available to people who are unable to achieve or maintain a pregnancy.
H33/R24. There are options available to a person who is pregnant. It has both physical and emotional consequences, and you should know how to access support if you need it.

L6. There is lots of guidance available to you in making decisions about the next step(s) in your life. You should know what opportunities there are.
L7. You should know about different employment opportunities locally, nationally and internationally.
L9. You should be able to find out about and take advantage of any work experience opportunities available to you.
L10. You should develop your career identity, including values in relation to work, and how to maximise your chances when applying for education or employment opportunities.
L13. You should know how to manage rights and responsibilities at work including health and safety procedures.
L14. You should know about confidentiality in the workplace, when it should be kept and when it might need to be broken.
L15. You should know that discrimination and harassment in the workplace are both unacceptable and illegal. You know how to challenge it if you experience it.
L16. You should be able to make a budget, and recognise why saving is important.
L17. You should be able to make mature financial decisions, and understand the positive and negative impacts of taking financial risks.

L18. You should recognise who and what might have an impact on your financial decisions, and be able to manage those influences.
L19. You should know how to access appropriate support for financial decision-making relating to money, gambling, and consumer rights. You should know how to access support.
L20. You should be able to challenge or seek support if you experience financial exploitation, both online and in real life.
L21. You should understand that different working patterns (and contracts) have advantages, disadvantages and risks associated with them.
L22. There are positive and safe ways to create and share content online, this can offer many opportunities.
L24. Social media may often feature exaggerated or inaccurate information about situations, or extreme viewpoints. This can influence the way you think and act.
L26. Data about you is used to target online contact at specific users, which can manipulate your behaviour. You should be able to recognise and manage this.
L27. You should be able to recognise bias, reliability and accuracy in digital content.
L28. You should be able to assess the causes and personal consequences of extremism and intolerance in all their forms. You should know how to access support if you need it.
L29. You should recognise that we are all responsible for challenging extreme views that incite hate or encourage violence. You should have the skills to respond appropriately to these situations.

E25. You should know your consumer rights are, and how to challenge it if you do not get what you are entitled to.
E26. You should know what etiquette, and what social behaviours might be expected of you in certain situations.
E27. You should know how to study effectively, including a range of revision strategies.
E28. You know how to set goals and write SMART targets.
E29. You should know what healthy studying is; including sleep, diet and stress.
E30. You should be able to recognise and respond crime, and recognise the causes and effects of hate crime.
E31. You should know a range of religious perspectives on prejudice.
E32. You should know a range of religious perspectives on gambling.
E33. You should know what poverty (in a UK context is), why it exists, and what support there is for people in poverty.
E34. You should know what homelessness (in a UK context is), why it exists, and what support there is for people who are homeless.

Year 11

R9. You should know what your own values are, and what impact they might have on your life. You should be prepared to change your values if necessary.
R10. You should be aware of a variety of faith and cultural practices and beliefs concerning relationships and sexual activity, and respect the impact they may have on relationships.
R12. You should be able to manage changes in personal relationships (including breakups) safely and responsibly.
R13. You should have the skills to manage the emotions associated with separation, divorce and bereavement. You should know how to access support if you need it.
R14. You should appreciate the risks and opportunities associated with conducting relationships online, and develop some strategies to manage the risks.
R15. You have both legal and ethical responsibilities in relation to online aspects of relationships.
R16. You should be able to recognise unwanted attention (such as harassment and stalking including online), and should know how to respond or seek help.
R17. You should know what support there is regarding relationships, including those where abuse is involved.
R18. You should understand how consent might change as you engage in more mature relationships.
R19. You should be aware of a range of attitudes towards sexual assault and should have the skills to challenge victim blaming, including when abuse occurs online.
R20. You should recognise the impact of drugs and alcohol on choices and sexual behaviour.

R22. You should understand why people may share sexual images online, and the legal, emotional and social impacts of this.
R26. You should understand the reasons why people choose to adopt/foster children.
R28. You should recognise when others are using manipulation, persuasion or coercion in a relationship, and how to respond if it happens.
R30. You should recognise the signs of abusive relationships, and how to respond to them if you experience them.
R32. You should understand why it is difficult to get help when domestic abuse occurs, why help is important and how to access it. You should also be able to support others in need.
R31. You should develop the skills and strategies to respond to exploitation, bullying, harassment and control in relationships.

H1. You should be able to accurately assess their areas of strength and development, and where appropriate, act upon feedback.
H4. You should develop your ability to be assertive and resilient to peer and other influences that affect both the way you think about yourself and your health and wellbeing.
H11. You should be able to make informed lifestyle choices regarding sleep, diet and exercise.
H15. You should understand why blood, organ and stem cell donation is important for individuals and society.
H16. You should be able to take increased personal responsibility for maintaining and monitoring your health including cancer prevention, screening and self-examination.
H17. You should be able to assess and manage risks associated with cosmetic and aesthetic procedures, including tattooing, piercings and the use of sunbeds.
H19. You should be aware of the impacts of substance use and misuse for the mental and physical health and wellbeing of individuals, their families and the wider community.
H20. You should be aware of the wider risks of illegal substance use for individuals, including for personal safety, career, relationships and future lifestyle.
H21. You should be able to identify, manage and seek help for unhealthy behaviours, habits and addictions including smoking.
H22. You should be aware of the risks and threats to your personal safety in new social settings, workplaces, and environments, both in real life and online.
H27. You should be able to recognise specific STIs, their treatment and how to reduce the risk of transmission.
H28. You should know how to respond if someone has, or may have, an STI (including ways to access sexual health services). This may be you, or it may be someone else.
H31. You should be aware that fertility is affected by a range of factors, including STIs, lifestyle factors and menopause.

L1. You should be able to evaluate and further develop your study and employability skills.
L2. You should be able to evaluate your own personal strengths and areas for development and use this to inform future choices.
L3. You should be aware of how your strengths, interests, skills and qualities are changing and how these relate to future career choices and employability.
L4. You should be aware of the range of opportunities (both vocational and academic) available to you for career progression, including in education, training and employment.
L5. You should be aware that there are stereotypes about careers that should be challenged. You should have high aspirations for your own future, and embrace all opportunities.
L8. You should be aware of how employment is changing, and what sectors, types and patterns of employment are available to you.
L11. You should understand the benefits and challenges of looking for (and developing) career opportunities online.
L12. You should have developed strategies to manage your online presence (past, present and future) and its impact on career opportunities.
L23. You should develop strategies for protecting and enhancing your personal and professional reputation online.

E35. You should know what life at university is like.

E36. You should know what mindfulness is and how to use it.

E37. You should have a thorough understanding of different revision techniques, and which are most appropriate for you.

E38. You should be able to write an effective revision timetable, and have the skills to follow it.