## Letting us know about Young Carers





Let us know if your child has caring responsiblilites at home.

If your child has additional caring responsibilities at home, please fill out the form below to let us know more so that we can support you and your Young Carer.

forms.office.com/e/XFfzV2d9mS

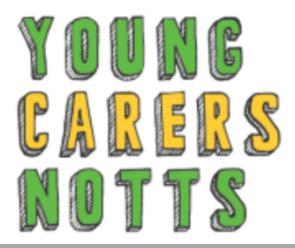
A young carer is a young person aged between 5 to 18 years old, who looks after someone who couldn't manage without their help. This could mean looking after a parent, brother or sister, grandparent or family friend who has a disability, long term illness, or drug and alcohol related issues.

As many as 1 in 12 pupils could be a young carer, and unless the school is advised about a pupil's home circumstances, young carers risk first being identified by negative aspects of their behaviour or work.

Some young carers worry about bullying and may be tired, worried, find it difficult to concentrate and have limited time for friendships and activities after school. If this is the case, we can help.

Did you know that Bulwell Academy can provide extra help for young carers, by offering extra help with homework, flexibility around calling home, advice about how to get your child into school where transport may be an issue, a key person to talk to and alternatives to after school activities?

So, if you have a Young Carer at home, please fill out the form here so we can provide you and your family with help and support.



You can find further support for Young Carers on the TuVida website, which provides information on Nottinghamshire County Council's support services for young carers: Young Carers Notts | TuVida