WEEK ONE

MONDAY

TUESDAY

THE MEXICAN KITCHEN

FRIDAY

OPTION

OPTION

#2

ON THE SIDE

DESSERT OF THE DAY **CLASSIC BEEF** BOLOGNAISE

With Garlic Bread

RISOTTO

Green Beans

Carrots

PINEAPPLE UPSIDE

DOWN CAKE

with Custard

GREEN THAI CHICKEN CURRY with 50/50 Rice

FLAVOURED **CHICKEN** with **Roast Potatoes** and Gravy

CAJUN SWEET

POTATO &

SPINACH TART

with Roast Pots

Cauliflower

Peas

MEXICAN BEEF CHILLI with 50/50

Rice or Soft Tacos

MEXICAN VEGETABLE RICE

Pineapple Salsa & Slaw

DATY COOKIE

FISHFINGERS OR SALMON **FISHCAKES** with Chips

LOADED HOUND DOG

with Chips

Baked Beans Coleslaw

LEMON DRIZZLE **SPONGE**

AUTUMN VEGETABLE STICKY SOY AND HONEY NOODLES

Sweetcorn Roasted Broccoli

SCHOOL CAKE

PLUM & VANILLA **CRUMBLE**

with Custard

SOUP OF THE DAY FILLED JACKET POTATOES

GRAB & GO SELECTION



YOU OF YOUR AVAILABLE CHOICES.

WEEKS COMMENCING

> 1 Sept 22 Sept **13 Oct**

MEAL DEAL £2.61

Main, Side & Dessert

FREE SCHOOL MEAL ALLOWANCE

£2.62 to be used at **Lunch only**

TOP UP ON ARBOR

WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BATTERED

FILLET OF FISH

served with

Chips & Tartare

Sauce

GREEK

SPINACH &

FILO PARCELS

and Chips

Baked Beans

Garden Peas

WEEKS COMMENCING

8 Sept 29 Sept

MEAL DEAL £2.61

Main, Side & Dessert

FREE SCHOOL MEAL ALLOWANCE

£2.61 to be used at **Lunch only**

TOP UP ON **ARBOR**

OPTION

OPTION

#2

ON THE SIDE

DESSERT OF THE DAY

FILLED JACKET POTATOES

BEEF **ENCHILADAS**

With Rice

MACARONI CHEESE

With Toppings

Roasted Butternut Squash Cauliflower

> **BLONDIE WITH** BERRIES

STREET FOOD

SPICY **CHICKEN**

With Khobez and Tabbouleh Salad

HOUMOUS AND **FALAFEL**

With Khobez and Tabbouleh Salad

Red Cabbage Slaw and Roasted Chickpea Salad

> SYRUP SPONGE with Custard

BUTCHERS SAUSAGE & MASH

with Onion Gravy

VEGGIE SAUSAGE & MASH

with Onion Gravy

Broccoli Sweetcorn

APPLE & CHERRY **DATY CRUMBLE**

HOT WOK CHICKEN NOODLES

BLACK BEAN VEGETABLES

with Rice

Carrots Green Beans

CHOCOLATE SHORTBREAD CAKE

PEAR **UPSIDE DOWN** CAKE

with Custard

VEGAN OPTION

SOURCE OF

WHOLEMEAL

ADDED _

PROTEIN

PLANT 😽

YOU OF YOUR AVAILABLE CHOICES.

OUR HOT AND COLD **GRAB & GO SELECTION**



SOUP OF THE DAY

WEEK THREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

SPICE

& RICE

CHICKEN

KORMA

with 50/50 Rice

SWEET POTATO,

CHICKPEA &

SPINACH TIKKA

with 50/50

Rice

Roasted

Cauliflower &

Sambals

FRIDAY



OPTION

OPTION

#2

ON THE SIDE

DESSERT OF THE DAY TANDOORI **CHICKEN** STUFFED NAAN

VEGETARIAN

THAI NOODLES

Bombay Potatoes

Green Beans

Sweetcorn

WARM BANANA

FLAPJACK

MEATBALLS IN TOMATO SAUCE with Spaghetti

THE CLASSIC **ROAST DINNER**

with all the trimmings

ROAST QUORN,

trimmings

Red Cabbage

JAM SPONGE with Custard **BATTERED** FISH

with Chips & **Tartare Sauce**

THE BIG PLANT BURGER

with Chips

Garden Peas **Baked Beans**

BERRY CRUMBLE CAKE

VEGETABLE BIRYANI

Broccoli

Roasted

Vegetables

VANILLA SPONGE

with all the

Roasted Carrots

STICKY TOFFEE **APPLE CRUMBLE**

with Custard

SOUP OF THE DAY FILLED JACKET POTATOES

DUR HOT AND COLD GRAB & GO SELECTION



YOU OF YOUR AVAILABLE CHOICES.



WEEKS COMMENCING

> 15 Sept 6 Oct

MEAL DEAL £2.61

Main, Side & **Dessert**

FREE SCHOOL MEAL ALLOWANCE

£2.62 to be used at **Lunch only**

TOP UP ON ARBOR