

WEEK
ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION
#1

OPTION
#2

ON THE
SIDE

DESSERT OF
THE DAY

BBQ CHICKEN
With 50/50 Rice

BEEF CHILLI
with Rice and
Sour Cream



PORK OR
CHICKEN
SAUSAGE
Roast Potatoes
and Gravy

SPICE
& RICE
CHICKEN TIKKA
MASALA
With 50/50 Rice

BREADED
FISH
with Chips &
Garden Peas

BUTTERNUT
MAC & CHEESE
With Crunchy
Croutons

FALAFEL
WRAPS
with Couscous
and Mint & Yoghurt
Dip



VEGAN
SAUSAGE
With Roast
Potatoes and
Gravy



SWEET
POTATO &
CHICKPEA CURRY
with 50/50 Rice



CHEESE & LEEK
FRITTATA
with Chips and
Garden Peas

Vegetables of the
Day

Vegetables of the
Day

Vegetables of the
Day

Vegetables of the
Day

Vegetables of the
Day

PINEAPPLE UPSIDE
DOWN CAKE

CHOCOLATE
CRUNCH CAKE

STICKY TOFFEE
APPLE CRUMBLE
With Custard



WARMED JAMAICAN
GINGER CAKE
with Ice Cream or
Custard

ICED SPONGE
CAKE

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

CHECK OUT...

OUR HOT AND COLD
GRAB & GO SELECTION

MENU KEY



ADDED PLANT
PROTEIN

VEGAN OPTION



SOURCE OF
WHOLEMEAL

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU
HAVE AN ALLERGY AND NEED TO KNOW WHAT'S
INSIDE OUR FOOD DISHES. THEY WILL ADVISE
YOU OF YOUR AVAILABLE CHOICES.

caterlink
feeding the imagination



WEEKS
COMMENCING

1 Sept
22 Sept
13 Oct

MEAL DEAL £2.50

Main, Side &
Dessert

FREE SCHOOL
MEAL
ALLOWANCE

£2.50 to be
used at
Lunch only

TOP UP ON
ARBOR

WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION
#1

OPTION
#2

ON THE
SIDE

DESSERT OF
THE DAY

SAUSAGE &
MASH
with Red Onion
Gravy

VEGGIE SAUSAGE
with Red Onion Gravy

Vegetables of the
Day

CHOCOLATE
SPONGE PUDDING

BEEF LASAGNE
with Garlic Bread
and Salad



VEGETABLE
LASAGNE
With Garlic Bread
and Salad



Vegetables of the
Day

APPLE PIE
With Cream

CREAMY
CHICKEN AND
BROCCOLI PIE
with New Potatoes

LEEK, ONION &
POTATO
TRAY BAKE

Vegetables of the
Day

PEAR & CHOC
CRUMBLE With
Custard




JERK CHICKEN
with Rice and
Peas and
Pineapple Slaw

CURRIED SQUASH
& BUTTERBEAN
STEW
with Rice and Peas
& Slaw



Vegetables of the
Day

JAM & COCONUT
SPONGE

FISH IN
BATTER
with Chips

VEGAN
BURGER
with Chips



Vegetables of the
Day

DATY FLAPJACK



ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

CHECK OUT...

OUR HOT AND COLD
GRAB & GO SELECTION

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PROTEIN

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WEEKS
COMMENCING

8 Sept
29 Sept

MEAL DEAL £2.50

Main, Side &
Dessert

FREE SCHOOL
MEAL
ALLOWANCE

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Lunch only

TOP UP ON
ARBOR

WEEK THREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

CHEESY CHILLI CHICKEN PASTA

CHICKEN SOUVLAKI
with Golden Rice or Seasoned Potatoes

ROAST OF THE DAY
New Potatoes & Gravy

ENCHILADAS
Pork, Beef or Chicken *(choose one)* with 50/50 Rice

CHIP SHOP FISH / SAUSAGE
with Chips, Mushy Peas and Gravy/ Curry Sauce

OPTION #2

PLANT BASED MEATBALLS
with Couscous

SPINACH & CHEESE WHIRL
Golden Rice or Seasoned Potatoes

LENTIL WELLINGTON
with New Potatoes & Gravy

MEXICAN SOYA CHILLI
with 50/50 Rice and Sour Cream

VEGAN SAUSAGE
Chips, Mushy Peas & Gravy/ Curry Sauce

ON THE SIDE

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

DESSERT OF THE DAY

CHOC ORANGE COOKIE

SUMMER FRUIT CRUMBLE
With Custard

FRUIT MUFFINS

PEACH CAKE
With Custard

CHOCOLATE BROWNIE

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

CHECK OUT...

OUR HOT AND COLD GRAB & GO SELECTION

MENU KEY

 **ADDED PLANT PROTEIN**
 **VEGAN OPTION**
 **SOURCE OF WHOLEMEAL**

ALLERGIES

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WEEKS COMMENCING

15 Sept
6 Oct

MEAL DEAL £2.50

Main, Side & Dessert

FREE SCHOOL MEAL ALLOWANCE

£2.50 to be used at Lunch only

TOP UP ON ARBOR