



**THE BULWELL
ACADEMY**
*Creative
Education
Trust*

2 October 2026

Dear parents and carers

Empower Hour: Free hot meals at selected after school clubs

We are delighted to announce that The Bulwell Academy has partnered with the *Akshaya Patra School Programme* to provide **Empower Hour**. This programme will provide free hot meals for 60 students who attend selected after-school clubs.

Empower Hour offers pupils:

- An hour of engaging Bulwell Boost activities
- A hot, healthy meal served before/during the Bulwell Boost session
- A positive environment to end the school day

What This Means for The Bulwell Academy

Through this scheme students attending after-school clubs on **Tuesdays** and **Thursdays** will be offered a hot meal. As Thursday club attendance is significantly higher, meals will be allocated on a two-week rota basis to ensure as many students as possible can benefit from the programme. Tuesday's Empower Hour will be weekly.

Tuesday 'Empower Hour' meal rota (every week)

Week A and Week B

- Boys football club (year 10/11)
- Mixed Badminton club (all years)
- Inclusive fitness club (all years)
- Rock school (all years)

Thursday 'Empower Hour' Meal Rota

Week A

- Year 7 Boys' Football Club
- Mixed Handball Club (all year groups)
- Mixed Dodgeball Club (all year groups)

Week B

- 1st Story Club
- Wood Workshop
- School Show Rehearsal
- Keyboard Club



Meals will be served after school before or during club activities, depending on the nature of the club. *All meals are vegetarian, and will be nut free, however the Akshaya Patra School Programme cannot guarantee that the kitchen where the meals are made is nut free.*

If your child has any dietary requirements, allergies or medical needs that may affect the meals provided, please ensure that the Academy is informed so that appropriate arrangements can be made.

We are incredibly pleased to be able to offer this opportunity and hope that it will encourage even more students to engage in the wide range of extracurricular activities available at the Academy.

If you have any questions regarding the programme, please do not hesitate to contact me.

Thank you for your continued support.

Yours sincerely

K McCarthy

Kate McCarthy

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